#### TRADE NEWSLETTER

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## and resilience. As we revel in this momentous occasion, we extend heartfelt gratitude to our valued clients, partners, and the entire UBS team, whose collective efforts have played a pivotal role in shaping the success story of our first 25 years. Looking ahead, we remain resolute in our commitment to excellence, eagerly anticipating continued growth and prosperity in the dynamic realm of insurance.

have reached our 25th anniversary as a distinguished insurance builder. Throughout the last quarter-century, our unwavering commitment to the insurance industry has shaped a legacy steeped in trust, innovation



# ARE HYDRATED OVER-HYDRATED GOOD FAIR LIGHTLY DEHYDRATED VERY DEHYDRATED SEVERELY DEHYDRATED

#### Newsletter Highlight

Due the recent shift in weather it is important to ensure you are drinking enough fluids throughout your work day. Here is a guide to see how hydrated you are. If at any stage during your work day you are feeling dizzy or unwell please stop what you are doing, sit in the shade and seek assistance.

#### **Electrical Hazards**

- Stay informed Ensure you are aware
   of all electrical sources and potential
   hazards on your worksite. Familiarise
   yourself with the location of power
   lines, electrical panels and other
   sources of electricity.
- Proper Equipment Always use tools and equipment that are properly insulated and in good working condition. Inspect your tools regularly to identify any wear or damage.
- Personal Protective Equipment (PPE)
  - Wear appropriate PPE, including insulated gloves and safety goggles, when working with or around electricity.

#### **Sun Safety**



- **Protective Clothing** Wear lightweight, long-sleeve clothing and a wide-brimmed hat to shield yourself from harmful sun rays.
- Sunscreen Apply sunscreen before heading outdoors.
   Reapply as needed.
- Hydration Stay hydrated by drinking plenty of water throughout the day.

### IAG Assistance Program Available for all UBS Contractors

Free confidential counselling is available 24/7

Download the Sonder App from the App Store or Google
Play or call 1800 234 560.

Then, when prompted, enter the registration code:
IAG4CUST. Sonder's support services can be accessed by
either using the call or chat functionality found on the
home screen of the app.

