TRADE NEWSLETTER

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UBS Growth & Success

We hope you've had a wonderful Easter holiday filled with joy and rejuvenation.

As Autumn is in full swing, we hope this newsletter finds you well. April brings new beginings, cooler weather and exciting opportunities.

As we celebrate our 25th anniversary as a dedicated insurance builder, we would like to thank you for all your hard work and efforts throughout the years.









Great things in business are never done by one person. They're done by a team of people.

LinkSafe Inductions

Why are they important?

Our LinkSafe induction serves as a crucial safety briefing for all trades prior to commencing any project on a UBS construction site.

These inductions are vital as they equip trades with the essential knowledge regarding work health and safety requirements, including awareness of key site risks and emergency protocols.

Completion of LinkSafe inductions is mandatory for all trades prior to accessing any UBS site.

When should an induction be completed?

A LinkSafe induction should be completed by any trade that is going to be working on any UBS worksite.

- Any new trades that join must be inducted on LinkSafe.
- Trades MUST complete inductions before setting foot on any UBS site.
- Failure to get trades inducted is a health hazard and violates contractual agreements.
- Trades may be instructed to leave site if they are not inducted.
- Non-inducted trades are deemed as non-compliant and may be deactivated from our system.
- Contact our tradepartners team if you need to get your trades inducted.



Newsletter Highlight

As we continue our commitment to a safe working environment, we want to highlight the importance of contractor compliance across the UBS trade network.

UBS Trade Compliance

- UBS Trade Compliance All trades
 MUST be 100% compliant before
 working on any UBS construction site.
- LinkSafe Inductions All UBS
 contractors MUST have their staff
 inducted on LinkSafe. Any trades that
 have not completed inductions, may
 be asked to leave site.
- Trade Licences/Credentials All UBS contractors MUST have all the relevant and correct documentation. LinkSafe will notify you via email if any documents are about to expire. i.e.,
 \$20M Public Liability, Workers
 Compensation, SWMS, etc. Please ensure this is updated accordingly.

Sun Safety



- Protective Clothing Wear lightweight, long-sleeve clothing and a wide-brimmed hat to shield yourself from harmful sun rays.
- Sunscreen Apply sunscreen before heading outdoors.
 Reapply as needed.
- *Hydration* Stay hydrated by drinking plenty of water throughout the day.



When moving from a stationary position, making turns, changing lanes, or making any other move, always follow

this routine:

THINK CAREFULLY... when wanting to make a turn, change lanes, etc. in good time.



LOOK... ahead, to your left and right, and at your rear-view mirror to make sure traffic is clear.



SIGNAL... when it is safe to make your move, turn on your signal/indicator.

(Your indicator must be visible and turned ahead of time so other road users are aware and can adapt to your move.)



LOOK AGAIN... as a final check to make sure it is still safe to make your move before doing so.

Drive safe and always use the think, look, signal, look again routine well in advance of your every move!



WHAT IS MENTAL HEALTH?

Mental health is our emotional, psychological and social wellbeing. It affects how we think, feel and act and determines the kinds of choices we make in our lives.

When you are mentally healthy you are able to work and study to your full potential, live a fulfilling and purposeful life, maintain good social connections and cope with life's inevitable ups and downs.

WHAT IMPACTS OUR MENTAL HEALTH?

There are all kinds of things in our lives that can have an impact on our mental health, things like our relationships, work life, finances, physical health, social connections, alcohol and other drugs and much more.

IT'S OK TO ASK FOR HELP

The stigma around mental health and mental health issues is slowly shifting as more people are being educated and accept that mental health is a part of everybody's lives. Increasingly people are learning that it is OK to ask for help when we need it, whether that means talking to a friend or reaching out to one of the local or national support services that are available.



IF YOU NEED TO TALK TO SOMEONE YOU CAN CONTACT

headspace – National Youth Mental Health Foundation eheadspace phone and online counselling: 1800 650 890 headspace.org.au

Lifeline – Anonymous 24 Hour Crisis Support
Phone: 13 11 14 Text number: (6pm-12am) 0477 13 11 14
lifeline.org.au



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